



RENAL ARTERY DUPLEX IMAGING

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Why do I need to have this procedure done?

To detect narrowing and or plaque in the arteries that supply blood to your kidneys.

How should I prepare for the procedure?

- Do not eat any greasy goods the night before or the morning of the test. This will prevent gas to build up in your abdomen and block the images during the test.
- Don't eat any food for at least 8 hours prior to the test.
- Don't smoke or use any form of nicotine for 2 hours before the test.
- Do drink 36 ounces (4 cups) of water 1 hour before the test.
- You will need to lie very still during the procedure.

Is there anything specific to do after the test?

No special care is required after the test. You may return to your usual activity level and diet, unless the doctor has instructed you otherwise.

Please don't hesitate to call our office at (480) 782-0101 if you have any questions or concerns.